



# Kids EmPower Pack

## Missoula Food Bank



### What is Kids EmPower Pack?

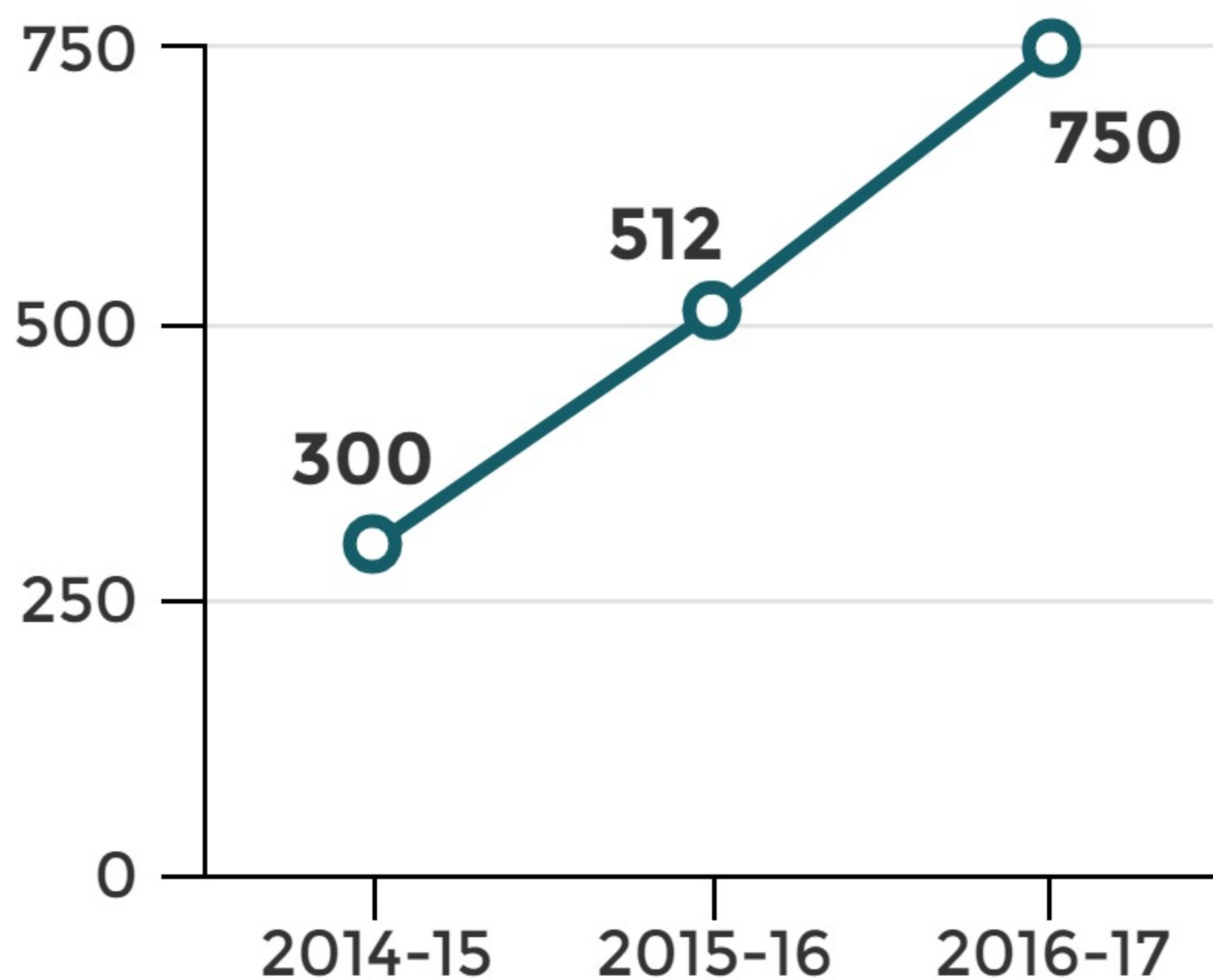
Kids EmPower Pack is a **weekend nutrition program** helping kids stay healthy & nourished when school is not in session.

Kids in the program are identified by school officials (Teachers, Family Resource Coordinators, Principals, etc.) who recognize **behaviors & circumstances** of children living in **chronic hunger** at home.

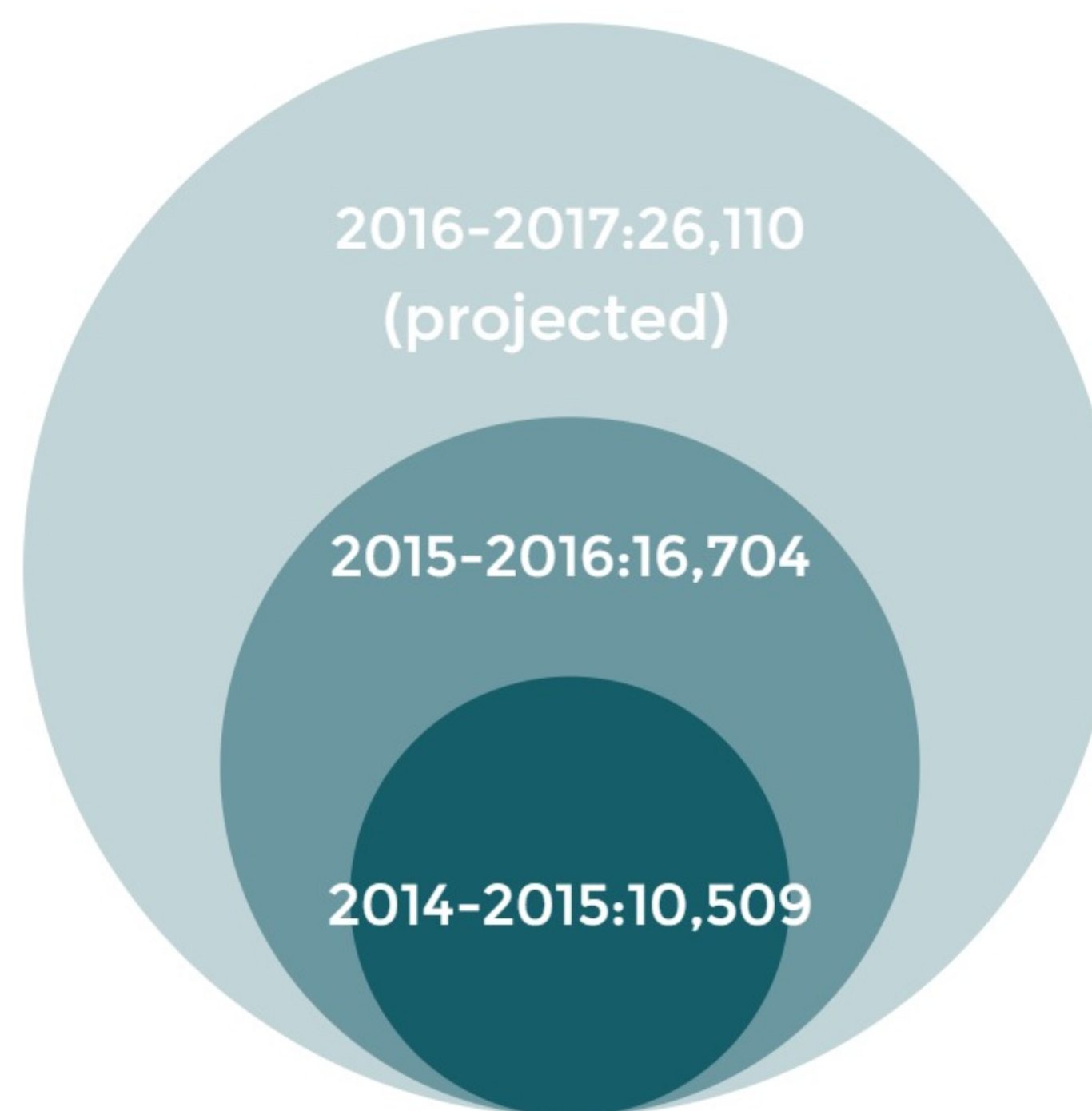
Each Kids EmPower Pack contains 2 entrees, 2 breakfasts, hearty snacks, fresh fruit, and milk.

### The Growing Need in Our Community:

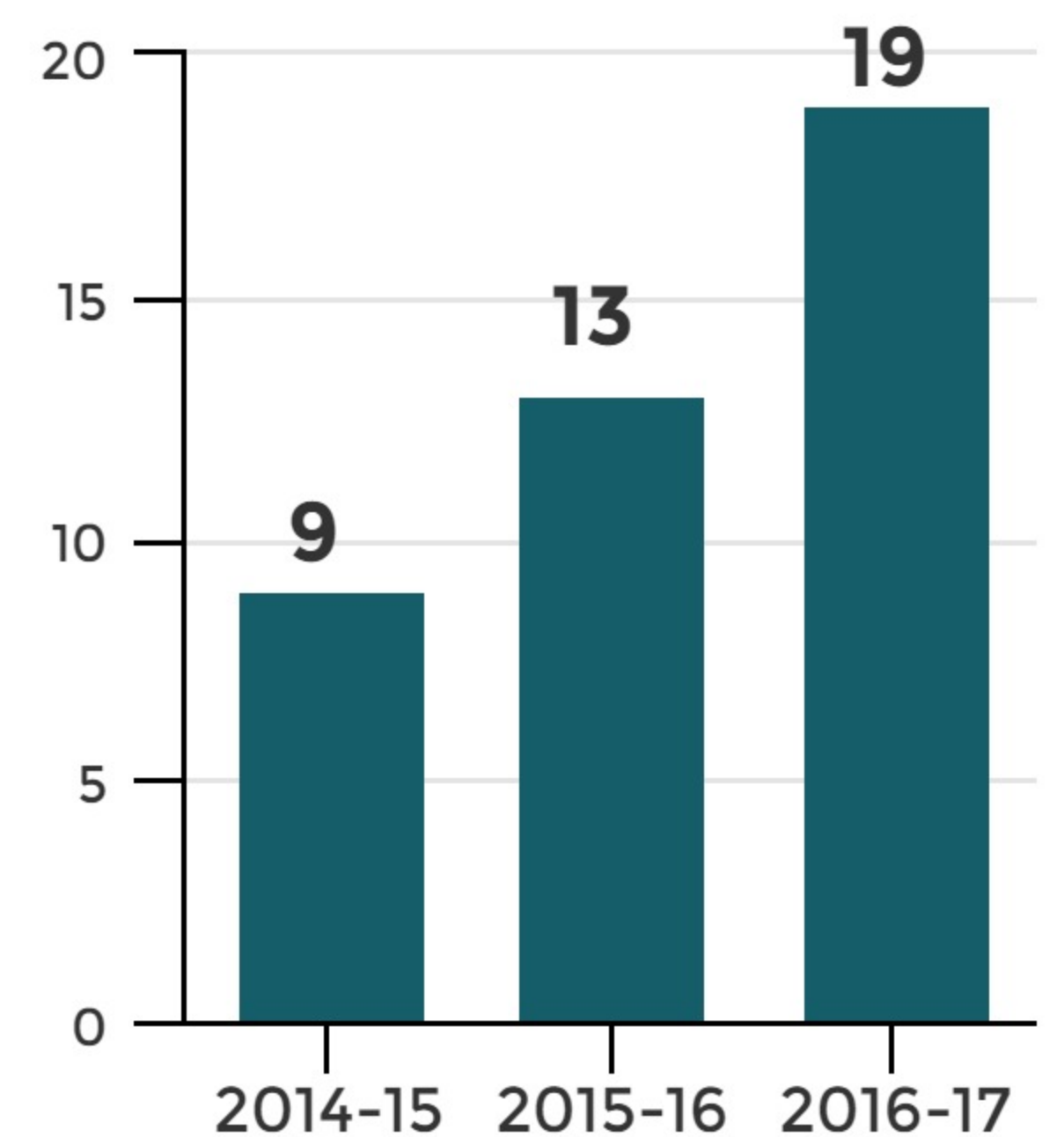
Kids enrolled in Kids EmPower Pack Program



Empower Packs distributed each year



Number of sites distributing EmPower Packs



Solutions to hunger and malnutrition in childhood have **lifelong positive impacts** and help kids to face some of the challenges they experience when growing up in poverty.



### To learn more, donate or volunteer:

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