

## Most Wanted Fresh Foods

At Missoula Food Bank, we rely on donations throughout the year to keep our shelves stocked, and to provide the people who come through our doors with the food that they need. We gratefully accept perishable donations.

We also strive to provide those that we serve with the best possible nutrition, and have worked with nutritionists and health professionals to make sure that the foods we offer are healthy and nourishing.

Therefore, we humbly offer the following list of foods as a suggestion for the types of food that would be most helpful in providing the best possible nutrition to our clients:



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Carrots	Onions	Broccoli
Apples	Oranges	Lettuce
Peppers	Frozen Blueberries	Frozen Strawberries

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