



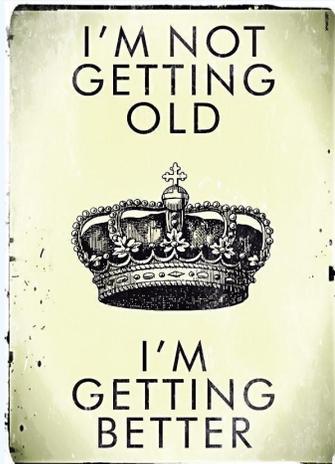
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Bill
Stavers

■ Staff
Spotlight:
Amanda
Ceaser

Happy September Birthdays!



September 1st: Joe Guiberson--Monday Boxer
September 1st: David Catanzaro--Monday Stocker,
Thursday Rover/stocker
September 2nd: Aaron Koepke--Wednesday Boxer
September 2nd: Kaylee Barber--Tuesday Food Circle
September 3rd: Carol A Smith--Tuesday
Coffee/Treats, Sub
September 5th: Floppy Lewondowski--Thursday Boxer
September 5th: Kathy Talbott--Monday Produce
Sorter
September 5th: Eugene Lewis--Friday Rover
September 6th: Mike Dewing--Tuesday Screener

September 7th: Sally Rodriguez--Monday Greeter
September 8th: Dean Lipp--Sub
September 8th: Leah Fitch--Monday EmPower Place Volunteer
September 8th: Jamie Garvey--Monday Kids Table, sub
September 10th: Martha Buck--Friday Food Circle
September 10th: Pete Morris--Tuesday Stocker
September 11th: Daisy Rooks--Thursday Rover
September 15th: Vicki Jardine--Monday Kids Table
September 16th: Steve Hostetter--Monday Repacker
September 17th: Robin Charlo--Thursday Kids Table Library Volunteer
September 20th: Dick Giuliani--Friday Boxer
September 21st: Judah McLain--Thursday Rover
September 22nd: Lula Koester--Thursday EmPower Place Volunteer
September 23rd: Jennie Yonce--ROOTS Driver
September 25th: Dierdre Flaherty--ROOTS Driver
September 26th: Carol Ryan--Monday EmPower Place
September 27th: Robin Abeshaus--Friday Produce Sorter
September 29th: Terry Hiro--ROOTS driver, Sub
September 29th: Matthew Barrett--Monday Rover
September 30th: Ruth Schaub--Monday & Thursday Repacker
September 30th: Lisa Deland--Monday Rover
September 30th: Hal Pulling--Tuesday Kids Table

I'm sorry if I missed your birthday. It was not intentional and not because we don't care. Let Caitlyn know when your birthday is and you won't be missed again.

Volunteer Appreciation Party!



**Wednesday, September 6th | 4:30-6:30pm | Missoula
Food Bank**

The Missoula Food Bank is constantly grateful for all the time and energy volunteers put into making our programs operate and supporting our mission, and we would like to show our appreciation by having a party for everyone. Please join us next month for this fun celebration in honor of how much we love our volunteers! There will be a BBQ, a food walk, gifts, awards, and just a great time to get to know other volunteers you might not see all the time. We would love as many people to come as possible. This will be our first Volunteer Appreciation Party in our new home and we hope you can make it!

Please RSVP to Caitlyn as soon as you can.

Upcoming Closures: Labor Day



We will be closed Monday, September 4th for Labor Day.

We will resume services as normal on Tuesday, September 5th. Have a great long weekend!

Volunteer Orientation Dates

We've hired a lot of new volunteers since we've moved! Many of the new, and maybe some not-so-new volunteers, have not yet received our basic Volunteer Orientation that we require all volunteers to get, since people have busy schedules during the summer. We've already done August orientation, so we've got new dates for September in case you missed. This orientation covers all of our programs in detail, volunteer responsibilities, food safety basics, and more. Please call or email to RSVP to one of these dates if you have not yet received orientation:

- **Tuesday,
September
5th:
5-
6pm**
- **Wednesday,
September
6th:
1-
2pm**
- **Thursday,
September
7th:**

10-
11am

Fall Harvest Festival



Historical Museum at Fort Missoula

Our friends at the Historical Museum at Fort Missoula have graciously reached out with plans for a food drive at their annual Fall Harvest Festival! We are looking for a few friendly faces to engage with the public, give out MFB swag, and generally be a positive presence during the event. This is an outdoor task. There will be a canopy, chairs, water, and snacks provided. Here are the shifts:

Saturday, September 16th, 2017

Setup & Table

* 11am-1pm (2 people)

Table & Tear Down

* 1pm-3pm (2 people)

Sunday Streets Missoula



September 17th | Higgins Ave. | 12-4pm

Missoula Food Bank will be tabling and hosting shopping cart races at this great event! We need a few volunteers to help set-up, work the event, and tear down. Here are the shifts:

Sunday, September 17th:

Set Up & Table

* 12pm-2pm (at least 2 people)

Table & Tear Down

* 2-4pm (at least 2 people)

Available Volunteer Opportunities



Sub Shifts

As we move into the school year, many of our volunteers leave while others return. Please make sure to let me know if your schedule is changing as soon as you can!

This is also a difficult time to fill volunteer shifts, so if you would like to learn a new position or help out a little more than your usual shift, talk to Caitlyn!

Also, a friendly reminder to sign out in the vacation calendar if you know you are going to be gone. The more notice, the better!

If unexpected circumstances come up where you will be gone with little notice, we understand. I greatly appreciate calls or emails if you can't make it in!

caitlyn@missoulafoodbank.org

(406) 549-0543 ex: 117

Food Safety Tip of the Month



Since we work with food every day here at the food bank, we must be very careful of making smart and cautionary food safety choices.

Sometimes we all need a simple reminder!

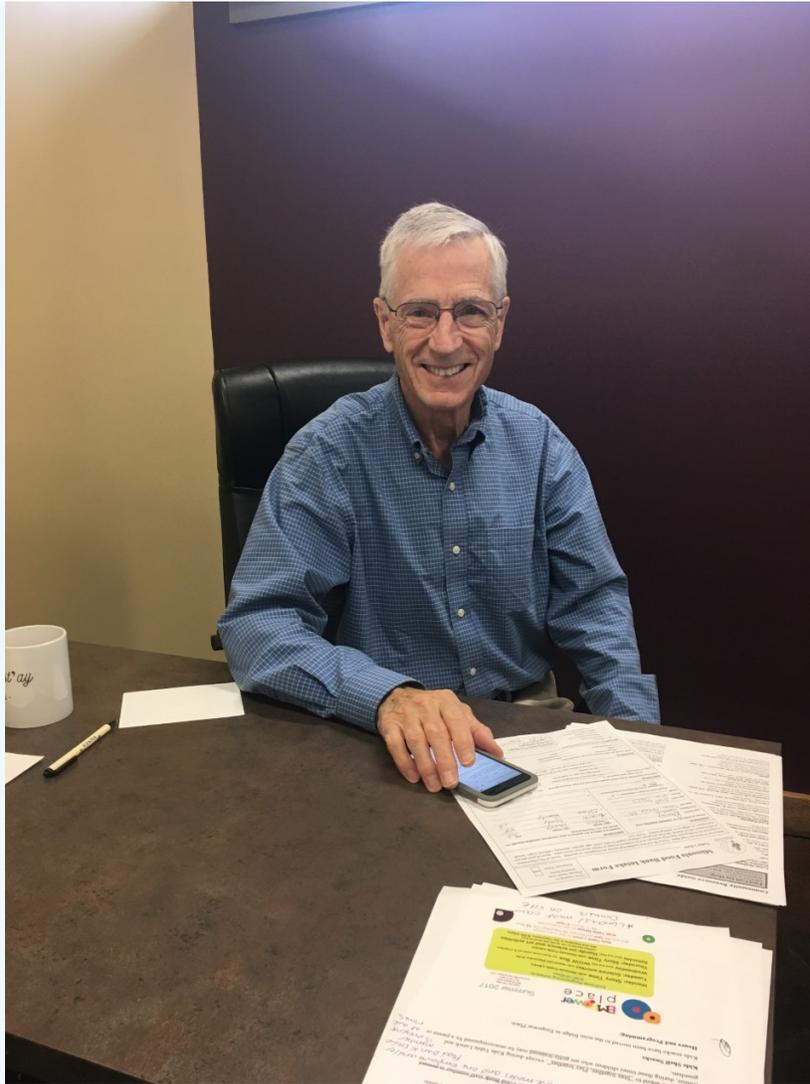
Food Safety Tip of the Month:

The manner in which we handle eggs is very important to keeping the rest of our food safe. Since we deal with uncooked and often broken eggs, the risk of cross-contamination is much higher. For this reason, we must never put any kind of food under raw eggs on our shelves.

In the walk-in cooler, eggs must only live under eggs. Recently our cooler has become packed with produce, and it's important that we never put any produce on a shelf under the eggs. When in doubt, put eggs on the bottom shelf so no one has the chance to put anything under them anyway!

This also goes for stocking the cooler in the dairy section of our store--no cheeses or yogurts or anything should live under the eggs. We are constantly at risk of broken eggs, so let's do our best to avoid any form of contaminating other foods!

Volunteer Spotlight: Bill Stavers



Bill is an interviewer on Mondays, always coming in with a smile to start off the week. Bill has a kind, gentle nature that makes our customers feel comfortable and welcome. He is well suited for his position and he represents the food bank well.

Thanks, Bill, for being such a compassionate interviewer!

Why do you volunteer here at the Missoula Food Bank?

I'm semi-retired. I wanted to fill up my day and figured it might work out for me here. I tried a couple other places, but it didn't work out, and I found a way to fit it together here. The food bank has a big presence in the town so it wasn't hard to find you.

Do you have a favorite memory of volunteering here?

When I first came on board, I was working at the other store and Mo was there. And she was very nice to me and very helpful and made me feel at home.

What do you want people to know about volunteering at Missoula Food Bank?

Come on down! The people are so friendly and warm and welcoming. It's really

almost like you should pay to be here.

What do you do when you are not volunteering at the Missoula Food Bank?

I have a website--I'm a dog trainer. People call me up and I help them with their dogs. I run a class on Wednesday evenings at a Veterinarian office. Its dog training, but it's really more about people training. I go to their house and work with them when they call me up.

You've been doing that awhile right?

Over 30 years.

What's your favorite summer time activity?

I'm not a very active person. Does reading a good book count?

Are you ready for fall?

Well I'll never be ready for winter! The first winter here was a big shock. I didn't quite catch on until 2 months later. I thought I'd better buy some warm clothes. (Bill is from California!)

What is your favorite food?

Salmon is pretty much a strong favorite. I cook it myself but there's a couple restaurants in town I like to go to. I cook most of the meals at home.

Favorite color?

Blue.

What does it take to be a great interviewer like you?

A little empathy never hurts. And a little patience never hurts.

Staff Spotlight: Amanda Ceaser



Amanda Ceaser is one of our newest members of the Missoula Food Bank family, working as the Events & Marketing Coordinator. Amanda will plan events and food drives, and will also take care of social media and other marketing.

She was the Program Coordinator for the Educational leadership Department at the University of Montana for 2.5 years before she found her dream job at the Missoula Food Bank.

She's originally from Bensenville, Illinois, near Chicago's Elmhurst College. She attended Elmhurst where she received a degree in Communications with a focus in Advertising and Public Relations and an Art Minor. She also found time to receive a Vocal Performance Certificate! Amanda sings in a vocal ensemble "Dolce Canto" here in Missoula.

Amanda also enjoys traveling. She's been to South Africa, India, South Korea, Vietnam, and France. On Weekends she enjoys local music with her long time partner, Jake. She also spends time doing ceramics and gardening with her Portuguese water dog Murphy. Her smile and enthusiasm are contagious, and we are very happy to have her on our team!



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