Kids EmPower Pack is a weekend nutrition program helping kids stay healthy & nourished when school is not in session.

Kids in the program are identified by school officials (Teachers, Family Resource Coordinators, Principals, etc.) who recognize behaviors & circumstances of children living in chronic hunger at home.

Each Kids EmPower Pack contains 2 entrees, 2 breakfasts, hearty snacks, fresh fruit, and milk.

Solutions to hunger and malnutrition in childhood have lifelong positive impacts and help kids to face some of the challenges they experience when growing up in poverty.

To learn more, donate or volunteer:

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