

Most Needed Items:

At Missoula Food Bank & Community Center, we rely on donations throughout the year to keep our shelves stocked, and to provide the people who come through our doors with the food that they need. We gratefully accept any and all nonperishable donations (and properly handled perishable donations).

We also strive to provide those that we serve with the best possible nutrition, and have worked with nutritionists and health professionals to make sure that the foods we offer are healthy and nourishing.

Therefore, we humbly offer the following list of foods as a suggestion for the types of food that would be most helpful in providing the best possible nutrition to our clients:



missoula food bank
& community center

Canned Tuna or Meat	Canned Chili	Brown Rice
Peanut Butter	Cooking Oil	Oatmeal
Fruits Canned in Own Juice	Hunts Tomato Sauce	Canned Soup (Low Sodium)
Canned Vegetables (Low/No Sodium)	Canned Beans	Pasta
Low-fat Salad Dressings	Shelf-Stable Milk	Whole Grain Cereal

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