

Most Needed Items

At Missoula Food Bank & Community Center, we rely on donations throughout the year to keep our shelves stocked, and to provide our customers who come through our doors with the food that they need. We gratefully accept any and all nonperishable donations (and properly handled perishable donations).

We strive to provide those that we serve with the best possible nutrition, and have worked with nutritionists and health professionals to make sure that the foods we offer are healthy and nourishing.

Therefore, we humbly offer the following list of foods as a suggestion for the types of food that would be most helpful in providing the best possible nutrition to our customers:

Canned Tuna or Meat	Canned Soup (<i>low Sodium</i>)	Brown Rice
Peanut Butter	Cooking Oil	Oatmeal
Canned Fruit	Tomato Sauce	Pasta
Canned Vegetables	Canned Beans & Chili	Whole-grain cereal
Low-fat Salad Dressings	Baby Food	Personal Hygiene Items



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