

Your Experiences • Your Voice • Your Community

Lived Experience Voices & Leaders



LEVL is a space to bring together and build power among women and non-binary people who are raising children while experiencing poverty.

During this ten-month commitment, participants will call upon their own stories, as experts through life experience, in solutions based work. Some of the tools we use include Photo Voice (a photography project to help tell our stories), public speaking, written testimony, and collective action. LEVL is a community building space, where there is power in sharing time with others who are also raising their kids while facing economic and other struggles.

Participants agree to engage in two meetings each month for ten months. For their time, participants receive a small monthly reimbursement. Childcare and meals are provided.

You choose your own journey!

- Network with other moms & caregivers
- Leadership Development
- Financial Fitness
- Cooking & Nutrition Classes
- Meet with Elected Officials
- Share & Document Your Story

**Applications Due
December 5, 2019.**

Application & more info at
missoulafoodbank.org



missoula food bank
& community center

Questions?

Contact Christine Littig at 549-0543, ext 250 or christine@missoulafoodbank.org. Christine has two children of her own and a history of influential change, supporting women, cooking, business, and leadership. She is excited to run this course in tandem with Jess Allred. Jess is the Director of Development & Advocacy at Missoula Food Bank & Community Center and a mom who has personally experienced hunger and poverty. Tandem teaching! Double the experience!